Community Wellbeing & Housing Committees



Title	Spelthorne Health & Wellbeing Strategy
Purpose of the report	To note
Report Author	Mary Holdaway, Active Lifestyle & Wellbeing Manager Stephen Mortimer-Cleevely, Strategic Lead Independent Living
Ward(s) Affected	All Wards
Exempt	No
Exemption Reason	N/A
Corporate Priority	Community Affordable housing Recovery Environment Service delivery
Recommendations	Committee is asked to: Adopt the Spelthorne Health & Wellbeing Strategy 2022-2027
Reason for Recommendation	To embed Health & Wellbeing into SBC practice and decision making

1. Summary of the report

1.1 This report seeks to provide an overview of the new Spelthorne Health & Wellbeing Strategy 2022-2027.

2. Key issues

- 2.1 The current Health & Wellbeing Strategy expired in 2019. A new strategy for Spelthorne is vitally important, particularly, as we continue to live with, and recover from, the Coronavirus pandemic.
- 2.2 The Strategy focuses on three priorities, known as pillars, of People, Place and Community. The Council will enable residents to take positive action to improve their own health (People); encourage a positive environment to improve health (Place); and foster communities which are integrated where residents feel connected (Community).
- 2.3 These priorities support the recently adopted Corporate Plan priorities, playing a proactive part in supporting Community, Recovery, Environment and Service Delivery.
- 2.4 Health & Wellbeing is a broad topic which incorporates numerous areas such as obesity, housing and mental health. The Council can play an active role in

initiatives to target some of these areas, however, some of the functions lie within the County Council or other partners. The scope of the strategy will focus on the areas within our control, whilst taking on board feedback from key stakeholders, that as a Council, we can play a strong leader and advocacy role in other areas.

2.5 Internal consultation has taken place with numerous departments including officers from Neighbourhood Services, Environmental Health, Planning, Economic Development, Customer Services, Leisure, Housing and Independent Living.

3. Options analysis and proposal

Option 1: Adopt the Spelthorne Health & Wellbeing Strategy and action plan Advantages:

- Helps to embed health and wellbeing in Spelthorne Borough Council (SBC)
 practice and decision making for example, by creating our Health & Wellbeing
 checklist for all Management Team (MAT) Reports
- Supports the health/Integrated Care Partnership (ICP) place based approach
- Embed SBC and resident priorities in the development of the 'Staines Health and Wellbeing Centre'
- An instrumental to encourage positive change
- Enhances the wider arts and leisure offer
- Bring together funding streams from health, care, leisure, arts and the built environment to support people, places and communities in Spelthorne
- Creates the foundation for the Spelthorne Living Well agenda

Disadvantages:

- It is not a statutory requirement for SBC to have a Health & Wellbeing Strategy
- Apart from specific project funding, health partners (Public Health, Clinical Commissioning Group, Alliance) do not fund any specific core costs

Option 2: Do nothing

Advantages:

There are no advantages

Disadvantages:

 Negates the importance of Health & Wellbeing as a priority for both the Council and for individuals

Option 3: Amend the strategy

Advantages:

More information could be included

Disadvantages

 A robust process to draft the strategy has taken place including internal consultation with departments and with key external stakeholders Further work and research to ensure an evidence base would be required to make changes

4. Financial implications

4.1 There is no allocated budget for the Health & Wellbeing Strategy – it is covered within existing budgets. By having a corporate Health & Wellbeing Strategy, it can be used to seek external funding. The Strategy will also help to focus and prioritise suitable spending of the current budget to deliver the key priorities.

5. Other considerations

5.1 The Health & Wellbeing supports and dovetails numerous other Council Strategies eg. Housing, Economic Development.

6. Equality and Diversity

6.1 These are celebrated within the Strategy and an equality impact assessment will be carried where necessary for relevant actions in the action plan.

7. Sustainability/Climate Change Implications

7.1 This underpins all areas of the strategy. For example, active travel will be encouraged to support people's physical health but also positively contribute to reducing air pollution. The Council will lead by example to encourage residents to make positive steps towards reducing the carbon footprint.

8. Timetable for implementation

8.1 If approved, the Strategy will be adopted and the action plan will be implemented. Progress on the action plan will be reported annually and new actions will be introduced. The Strategy will also help to relaunch the Spelthorne Health & Wellbeing Group which has paused during the Covid pandemic

9. Contact

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Background papers: There are none.

Appendices:

Appendix A - Draft Spelthorne Health & Wellbeing Strategy Appendix B - Spelthorne Health & Wellbeing Action Plan