

Spelthorne Health & Wellbeing Action Plan 2022-2024

Priority	Area	Action	Measure of Success	Timescale	Lead
People – enable residents to take positive action to improve their own health	Enable resident to manage their physical health	Relaunch the food poverty working group to address local issues, link in with Surplus to Supper and all food banks	Group established and outcomes set	Summer 2022	Family Support
		Support the whole systems approach to obesity, focusing in Stanwell	Identify residents in partnership with Health partners who are classified as obese and enable access to the tools to help reduce obesity	Spring/Summer 2022	Leisure & Community Services
		Explore potential for free or discounted gym membership for residents in emergency accommodation.	Funding secured	December 2022	Strategic Lead Housing
		Identify and target restaurants in Stanwell to be part of the Eat Out, Eat Well campaign	Number of restaurants who are awarded Eat Out, Eat Well	March 2023	Environmental Health
		Food safety and the food hygiene rating scheme (FHRS)	% of businesses scoring 3 or higher	March 2023	Environmental Health
		Create a new community allotment in Sunbury Common	Identify site and secure funding to start developing plot	March 2023	Parks & Open Spaces
		Run cookery classes at the White House	Number of courses delivered	Spring 2022	Housing/Independent Living

		Increase low level mental health referral to partner agencies	New system in place for referrals	December 2022	Independent Living
Support residents to manage their mental health positively following Covid-19		Develop a 10-week exercise programme for young clients aged 18-25 with mental health issues.	Attendance at sessions and more young people reporting a positive attitude towards sport and building an active lifestyle through participation	Spring/Summer 2022	Leisure & Community Services
		Access to mental health practitioner via the Housing Options team. Use social prescribing to offer art, music, and horticulture sessions to residents in emergency accommodation.	Number of referrals	April 2023	Strategic Lead Housing
		GPIMHS -integrated mental health service and emotional & wellbeing service for adults	Integrated work with social prescribers use St David's as a Hub	April 2023	Independent Living
		Relaunch the annual Junior Citizen event – to deliver key health & safety messages to all primary pupils in Spelthorne	Attendance at events	September 2022	Community Safety
		Support the Local Cycling and Walking Infrastructure Plan (LCWIP) to increase the	Identify and prioritise the areas of need based on	2027	Leisure & Community Services/Planning

		opportunities for active travel in the Borough	resident priorities and statistical need		
Enable residents to increase their physical activity in an accessible and affordable way	Implement a coordinated approach to promote cycling in the borough:	<ul style="list-style-type: none"> Maximise existing infrastructure (including bike storage) Offer affordable options for accessing bikes Develop opportunities for bike maintenance and servicing 	Installation of bike storage on new developments. Installation of servicing stands in Shepperton and Staines. Explore funding to subsidise bike purchase. Support the establish of bike kitchen.	Ongoing	Leisure & Community Services/Planning/Economic Development/Neighbourhood Services
	Ensure the new contract for the Leisure Centre embeds affordability and accessibility to all residents		Pricing structure is appropriate and concessions are offered. Build design is fully accessible and dementia friendly.	2024	Leisure & Community Services
	Work with new partners to deliver the Specsavers Surrey Youth Games, specifically targeted at working with harder to reach groups		% of participants from less advantaged areas	June 2022	Leisure & Community Services
	Provide discounted gym membership for residents at the White House		Number of memberships	Ongoing	Housing/Leisure
	Knowle Green Estates Housing Delivery Programme		Number of affordable and	Ongoing	Asset Management

			keyworker homes delivered		
Place – encourage a positive environment to improve health	Residents have homes that meet their needs	Improve housing conditions of Spelthorne residents by resolving 100 private sector and social housing condition complaints each year (this target constituting 90% of the average number of housing condition complaints received each year).	Number of complaints resolved	Ongoing	Environmental Health
		Promote the opportunity for residents to access funding from Action Surrey and Happy Energy to reduce fuel poverty, helping to contribute towards making them more fuel efficient and reducing carbon emissions	Number of grants allocated	Ongoing	Climate Change Officer
		Collect feedback from residents in emergency accommodation and have a public consultation on emerging Council policies.	Number of responses and quality of feedback	April 2022 and Ongoing	Strategic Lead Housing
	Residents are happy in their neighbourhoods	Resolve 70% of noise complaints made by Spelthorne residents within 3 months	Number of complaints on noise pollution	Ongoing	Environmental Health
		Work to reduce air pollution through: promoting air alert system, specific campaigns eg. anti-idling/bonfires/Clean	Number of residents signed up to the Air Alert	Ongoing	Environmental Health

		Air Day and write the air quality action plan			
		Work with SCC to develop plans to identify future opportunities of Youth Clubs and Health Centres in the Borough to provide more accessible services on the same site to offer a mix of community services	The identification of a suitable site(s)	2027	Strategic Planning
		Work with the SCC local area coordinator to support residents living in Stanwell to improve their perception of place	Supporting the new local area coordinator	January 2023	Independent Living
		Expand the provision of sports activities to divert young people from crime and anti-social behaviour	Decrease in anti-social behaviour	December 2022	Community Safety
		Set up a town centre problem solving group to address youth anti-social behaviour in Staines Town and work to re-open the youth club at Leacroft	Decrease in anti-social behaviour	December 2022	Community Safety
		Raise the awareness of locations of defibrillators in the borough and seek funding to support provision of more where required	Map of locations produced and funding secured for additional provision	December 2022	Environmental Health
		Explore funding opportunities to increase number of electric vehicle charging points	Funding secured to increase number available	December 2022	Climate Change Officer

		Promote the new outdoor gyms and Staines Park Fitness Trail, work with the Great Outdoor Company and local personal trainers to deliver a community engagement programme. Scope use of app	Establish formal licence procedure for personal trainers and free community session	Spring/Summer	Leisure & Community Services/ Neighbourhood Services
Maximise use of parks and open spaces		Design and produce a leaflet of a walk around Lammas Recreation Ground and Church Lammas Lakes	Leaflet available for residents to download or collect from kiosk at Lammas	Summer 2022	Leisure & Community Services/Communications
		Introduce an annual licence for use of tennis courts and/or parks for personal training/fitness classes	Number of coaches with tennis licences	April 2023	Leisure & Community Services/Assets
		Use the new local plan to ensure that green space is provided or enhanced as part of new developments. Existing local spaces will also be protected.	Ensure financial contributions from new developments are secured to improve new and existing green space.	Ongoing	Strategic Planning
		Implement at least one project through the Colne Valley Regional Park partnership, targeting Stanwell/Stanwell Moor	One project delivered in area of need	December 2023	Strategic Planning
		Promote the opportunities for green social prescribing including recruiting green champions	Use social prescribers to help recruit Green volunteers	December 2022	Independent Living

		Plant more trees to promote biodiversity, air quality, reduce flooding and clean air	Identify suitable locations and start tree planting programme	December 2022	Climate Change Officer
		Support the launch and promotion of the 'Choose Local' App to help link employers with the unemployed and for the unemployed to see local employment opportunities	Number of employers on app and the number of successful unemployed individuals connected to employment	December 2022	Economic Development
Community – foster communities which are integrated where residents feel connected	Community led services reaching all members of community	Deliver Making Every Contact Count Training to all frontline SBC staff	Number of courses delivered and staff trained	Ongoing	Customers Services
		Ensure staff members are aware of the strategy through inclusion on new staff induction day	Present at all staff meeting and new staff induction day	Ongoing	Leisure & Community Services/ Independent Living/Human Resources
		Write and implement a policy for an unpaid carers	Consider adopting the county wide policy	January 2022	Independent Living
		Relaunch the Spelthorne Health & Wellbeing Group	Group established with relevant partners attending and quarterly meetings held	Summer 2022	Leisure & Community Services
	Maximise community engagement and cohesion	Support the NW Surrey Digital Inclusion Group to address local inequalities to access	Promote the digital inclusion workshops in the community Centres	January 2023	Independent Living
		Promote the Youth Hub in Sunbury and run an	Attendance at youth club session	December 2022	Economic Development

		intergenerational project to upskill local young people eg. Men in Sheds or community allotment	and delivery of at least one intergenerational project		
		Develop Spelthorne Community Champions to providing a forum to discuss Covid updates, Council updates and link in with health/national campaigns	Number of champions and attendance at monthly meetings	Ongoing	Leisure & Community Services
Help Build community resilience		Ensure sufficient access to advice and support services to enable tenancy management and independent living.	Positive outcomes measured through contract management	Ongoing	Strategic Lead Housing
		Write and implement the new licencing policy for taxi and private hire vehicles incorporating the new statutory standards	New policy written, adopted and implemented	December 2022	Environmental Health
		Support the development of an over 50s Job Club	Establishment of job club in area of need	December 2022	Economic Development
		Hold the annual jobs and careers fair	Attendance at event	April 2023	Economic Development
		Deliver Partnership Action Days, linking in with multi-agencies and focusing on the following themes: <ul style="list-style-type: none"> • Road education day • Anti-slavery • Asb week • Fly-tipping/waste carrier enforcement 	Attendances at events Reduction in crime	Summer 2022	Community Safety

		Water safety			
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